

Mohawk Valley

New York State Career Centers

Convenient NO COST Job Search Services

Career Counseling

Our counselors will help you assess your needs, skills and interests. They will guide you through a step-by-step process to help you in your job search.

Resume Development

Expert staff will help you write and design a resume that gets results. We will show you how to tailor your resume and how to market your skills on the Internet.

Workshops & Job Clubs

You can explore topics in a group setting, including:

- Job Search Strategies
- Networking
- Salary Negotiations
- Transferring Skills
- Resume Preparation
- Managing Stress
- Finances and Budgeting
- Practice Interviewing

Resource Rooms: Computer/Internet, Phone, Fax and Copier Access

Job seekers can use our personal computers, equipped with high-speed Internet connections. We have telephones that allow you to speak privately to prospective employers. There are printers, copiers and faxes available for your use at no charge.

Adult Basic Education/English as a Second Language

We can refer you to no-cost courses to help you earn a high school equivalency diploma or to improve your English-language skills.

Job Search Resources and Job Placement Assistance

Businesses throughout New York State list job openings with the Labor Department. You can review job boards and online job openings. Placement Specialists can also help you make a targeted job search.

Events and Recruitments

Many businesses use our centers to conduct job recruitments and on-site interviews. Visit www.labor.ny.gov or ask our Career Center staff for a list of upcoming recruitments and events.

Vocational Classroom and On-the-Job Training (For Those Who Qualify)

We can provide short-term training for long-term careers. (Subject to funding availability and program regulations.)

Internet-Based Job/Talent Bank

You can use this site to post your resume and search local or national job openings from your home at any hour of the day or night.

Go to: www.labor.ny.gov/jobs or www.jobzone.ny.gov

Accommodations and Adaptive Technology

If you have a disability and need an accommodation or assistance in order to fully benefit from services offered at the Career Center, please let our staff know. Our Career Centers have adaptive technology to help you access resources, including: screen readers, magnifiers, text-to-speech software, TTY text telephone, trackball, and large-print keyboards.

Find Your Career Center

Visit: www.labor.ny.gov/career-center-locator

**Mohawk Valley
New York State Career Centers**

Amsterdam Workforce Solutions

2620 Riverfront Center
Amsterdam, New York 12010
518-842-3676

www.fmsworkforcesolutions.org

Cobleskill Workforce Solutions

795 East Main Street, Suite 4
Cobleskill, New York 12043
518-234-4254

www.fmsworkforcesolutions.org

Gloversville Workforce Solutions

199 South Main Street
Gloversville, NY 12078
Phone: 518-725-6473

www.fmsworkforcesolutions.org

Working Solutions Career Center

320 N. Prospect Street
Herkimer, New York 13350
315-867-1400

CDO New York State Career Center

12 Dietz Street
Oneonta, New York 13820
607-432-4800

www.cdoworkforce.org

Rome Working Solutions

300 West Dominick St., Suite 1
Rome, New York 13440
315-356-0662

Working Solutions Career Center

NY State Office Building - Suite 202
207 Genesee St. 2nd Floor
Utica, New York 13501
315-793-2229

www.working-solutions.org