

# MY EXPERIENCES

## INVENTORY WORKSHEET

Insert Career Center  
Logo Here

What are some occupations that are related to the enjoyable experiences you've had in the past? List these occupations that you can explore later below:

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You can always use Department of Labor resources to explore potential occupations.

Visit:

[www.labor.ny.gov](http://www.labor.ny.gov)

[www.jobzone.ny.gov](http://www.jobzone.ny.gov)

[www.careerzone.ny.gov](http://www.careerzone.ny.gov)

[www.onetonline.org](http://www.onetonline.org)

### PAST EXPERIENCES

REFLECT ON YOUR PAST EXPERIENCES. IN THE SPACE BELOW WRITE DOWN WHAT YOU ENJOYED OR WHAT YOU DID WELL.

LEISURE/PLAY/HOBBIES

EDUCATION

WORK

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Don't forget that your local public library is also a great resource where you can explore potential occupations.